

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
Sloppy Joe on a Bun
Ham and Cheese Sandwich
Sunbutter and Jelly Sandwich
Lift Off Spinach Salad w/Bread Stick
Salad Blend Mix
Broccoli Florets, Carrot Sticks,
Three Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

2
Cheese Pizza
Buffalo Chicken Wrap
Sunbutter and Jelly Sandwich
Lift Off Spinach Salad w/Bread Stick
Salad blend Mix,
Broccoli Florets, Carrot Sticks,
Three Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

Calories 588.05, S. Fat 5.24,
Sodium 796.90

5
Fish Nuggets w/Oven Baked fries
Ham and Cheese Sandwich
Sunbutter and Jelly Sandwich
Chef Salad w/Bread Stick
Mixed Salad Greens,
Carrot Sticks, Celery Sticks,
Oven Roasted Chick Peas,
Chilled Fruit and Fresh Fruit
Assorted Milk

6
No School
Election Day

7
Chicken Patty on a Bun
Bologna and Cheese Sandwich
Sunbutter and Jelly Sandwich
Chef Salad w/Bread Stick
Sweet Corn
Mixed Salad Greens,
Carrot Sticks, Celery Sticks,
Oven Roasted Chick Peas,
Chilled Fruit and Fresh Fruit
Assorted Milk

8
Hot Dog on a Bun
Turkey and Cheese Sandwich
Sunbutter and Jelly Sandwich
Chef Salad w/Bread Stick
Butternut Squash
Mixed Salad Greens,
Carrot Sticks, Celery Sticks,
Oven Roasted Chick Peas,
Chilled Fruit and Fresh Fruit
Assorted Milk

9
Pepperoni Cheese Pizza
Tuna Salad on a Bun
Sunbutter and Jelly Sandwich
Chef Salad w/Bread Stick
Mixed Salad Greens,
Carrot Sticks, Celery Sticks,
Oven Roasted Chick Peas,
Chilled Fruit and Fresh Fruit
Assorted Milk

Calories 598.46, S. Fat 3.10,
Sodium 788.30

12
No School
Veterans Day

13
Popcorn Chicken
Salami and Cheese Sandwich
Sunbutter and Jelly Sandwich
Seasoned Rice
Fun on the Run
Spinach Salad Blend,
Tri Color Peppers, Cherry Tomatoes,
Tuscan Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

14
Rib B Que
Italian Sub
Sunbutter and Jelly Sandwich
Fun on the Run
Sweet Corn
Spinach Salad Blend,
Tri Color Peppers, Cherry Tomatoes,
Tuscan Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

15
Turkey and Gravy w/Roll
Ham and Cheese Sandwich
Sunbutter and Jelly Sandwich
Fun on the Run
Mashed Potatoes
Spinach Salad Blend,
Tri Color Peppers, Cherry Tomatoes,
Tuscan Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

16
Cheese Pizza
Chicken Caesar Wrap
Sunbutter and Jelly Sandwich
Fun on the Run
Spinach Salad Blend,
Tri Color Peppers, Cherry Tomatoes,
Tuscan Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

Calories 594.52, S. Fat 3.79, Sodium 741.61

19
Creamy Macaroni and Cheese w/Roll
Veggie Wrap
Sunbutter and Jelly Sandwich
Pretzel Chicken Salad
Romaine Salad Blend,
Baby Carrots, Sliced Cucumbers,
Black Bean and Corn Salad
Fresh Fruit and Chilled Fruit
Assorted Milk

20
Chicken Nuggets w/Dinner Roll
Bologna and Cheese Sandwich
Sunbutter and Jelly Sandwich
Pretzel Chicken Salad
Sweet Corn
Romaine Salad Blend,
Baby Carrots, Sliced Cucumbers,
Black Bean and Corn Salad
Fresh Fruit and Chilled Fruit
Assorted Milk

21
Meatball Sub
Salami and Cheese Sandwich
Sunbutter and Jelly Sandwich
Pretzel Chicken Salad
Romaine Salad Blend,
Baby Carrots, Sliced Cucumbers,
Black Bean and Corn Salad
Fresh Fruit and Chilled Fruit
Assorted Milk

22
No School
Thanksgiving

23
No School

Calories 643.26, S. Fat 5.43,
Sodium 920.82

26
Cheese Ravioli w/Dinner Roll
Bologna and Cheese Sandwich
Sunbutter and Jelly Sandwich
Chicken Caesar Salad w/Bread Stick
Salad Blend Mix,
Broccoli Florets, Carrot Sticks,
Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

27
Chicken Tenders w/Roll
Ham and Cheese Sandwich
Sunbutter and Jelly Sandwich
Chicken Caesar Salad w/Bread Stick
Mix Vegetables
Salad Blend Mix,
Broccoli Florets, Carrot Sticks,
Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

28
Corn Dog Nuggets
Salami and Cheese Sandwich
Sunbutter and Jelly Sandwich
Chicken Caesar Salad w/Bread Stick
Peas
Salad Blend Mix,
Broccoli Florets, Carrot Sticks,
Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

29
Chicken Fajita
Turkey and Cheese Sandwich
Sunbutter and Jelly Sandwich
Chicken Caesar Salad w/Bread Stick
Salad Blend Mix,
Broccoli Florets, Carrot Sticks,
Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

30
Cheese Pizza
Tuna Salad on a Bun
Sunbutter and Jelly Sandwich
Chicken Caesar Salad w/Bread Stick
Salad Blend Mix,
Broccoli Florets, Carrot Sticks,
Bean Salad,
Chilled Fruit and Fresh Fruit
Assorted Milk

Calories 673.38 S. Fat 4.56,
Sodium 915.65

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